

RL GROUPS

Grace | God-sized Vision | For Every Generation

Matthew 26

36 Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." **37** He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. **38** Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." **39** Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

40 Then he returned to his disciples and found them sleeping. "Couldn't you men keep watch with me for one hour?" he asked

Peter. **41** "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak." **42** He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."

43 When he came back, he again found them sleeping, because their eyes were heavy. **44** So he left them and went away once more and prayed the third time, saying the same thing.



Questions for Discussion

1. Read Matthew 26:36-44.
2. Why did Jesus often pray?
3. What does prayer do?
4. What does it take for someone to have a confident, regular prayer life, comfortably praying for other people?
5. What should we do in order to prepare ourselves for a meaningful prayer life?
6. How is our prayer with God like a child's conversation with a parent?

Take time to pray for one another.