

# RL GROUPS

Grace | God-sized Vision | For Every Generation

## Matthew 6

**25** “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? **26** Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? **27** Can any one of you by worrying add a single hour to your life?”



## Questions for Discussion

1. Read Matthew 6:25-34.
2. Worry affects individuals differently. How does it affect you?
3. What do you usually do with your worries?
4. What would God have us do with our worries?
5. Revelation promises an end of Rome. What hopes do you have about freedom in your future?
6. What has God taught you about worry during 2020?
7. How has your faith changed this year?

Take time to pray for for one another.