

RL GROUPS

Grace | God-sized Vision | For Every Generation

Matthew 6

28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



Questions for Discussion

1. Read Matthew 6:28-34.
2. What do you worry about most? What do we assume about life when we worry?
3. Why does Jesus tell us not to worry? What does worry have to do with our spirituality and faith?
4. What is something you can do to attack your worries?
5. How might you remain “open-handed” when it comes to the things you worry about?
6. How would this week look different if you chose not to worry?

Take time to pray for one another.