

RL GROUPS

Grace | God-sized Vision | For Every Generation

Mark 8:34-37

Then he called the crowd to him along with his disciples and said:

“Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?”



Questions for Discussion

1. What's something that you've practiced so much that it's become "natural" for you? What was that process like for you?
2. Have you ever tried to change a habit? If so, what was that like and what did you learn along the way?
3. Why do you think that this is the most repeated teaching of Jesus?
4. As you think about Jesus, what do you like about him? How might you share that with someone this week?
5. What is a "next step" you can take toward telling someone what you like about Jesus this week? Who is someone who could keep you accountable toward taking that next step?

As you close your time together, have each person share a word that represents a next step that God is asking them to take this week and lift those words up to God during a time of prayer.