

RL GROUPS

Grace | God-sized Vision | For Every Generation

Mark 8:34-38

34 Then he called the crowd to him along with his disciples and said: "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. **35** For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. **36** What good is it for someone to gain the whole world, yet forfeit their soul? **37** Or what can anyone give in exchange for their soul? **38** If anyone is ashamed of me and my words in this adulterous and sinful generation, the Son of Man will be ashamed of them when he comes in his Father's glory with the holy angels."



Questions for Discussion

1. Read Mark 8:34-38.
2. What is Jesus teaching in this passage? Why do you think he says it?
3. What does it mean for someone to "take up their cross?"
4. In what ways is this a challenge for you personally?
5. Have you seen any examples of someone who lived this well?
6. What do we gain and lose when we choose to follow Jesus?
7. If someone asked you what it means to follow Jesus, what would you say?

Take time to pray for each other.