

RL GROUPS

Grace | God-sized Vision | For Every Generation

Luke 10:38-42

38 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. **39** She had a sister called Mary who sat at the Lord's feet listening to what he said. **40** But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" **41** "Martha, Martha," the Lord answered, "you are worried and upset about many things, **42** but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."



Questions for Discussion

1. Do you have any resolutions for the new year? Predictions?
2. What are you thankful for as you begin the year?
3. Read Luke 10:38-42, the story of Mary and Martha. Which of these two do you relate to?
4. Why might Mary's attention to Jesus be more likely to lead to gratitude than Martha's busyness?
5. What is meant by the assertion that gratitude requires attention to the present moment?
6. What are some things that distract our attention from Jesus?
7. What are some practices that motivate us to focus our lives on Jesus?

Take time to pray for each other.