

RL GROUPS

Grace | God-sized Vision | For Every Generation

Ephesians 6

10 Finally, be strong in the Lord and in his mighty power. **11** Put on the full armor of God, so that you can take your stand against the devil's schemes. **12** For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. **13** Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. **14** Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, **15** and with your feet fitted with the readiness that comes from the gospel of peace. **16** In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. **17** Take the helmet of salvation and the sword of the Spirit, which is the word of God.



Questions for Discussion

1. Explain the metaphor that this passage uses.
2. How does it apply to your life?
3. Who or what is the enemy that the passage says we are fighting against?
4. What are some other "enemies" that the Church sometimes wrongly spends its time fighting against?
5. How do you understand the stories from the Bible about Jesus fighting with spiritual powers and expelling demons?
6. Have you ever felt like you were in a spiritual battle? If so, what did you do?

Take time to pray for each other.