

RL GROUPS

Grace | God-sized Vision | For Every Generation

Colossians 2:16-23

20 Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world, do you submit to its rules: **21** "Do not handle! Do not taste! Do not touch!"? **22** These rules, which have to do with things that are all destined to perish with use, are based on merely human commands and teachings. **23** Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence..



Questions for Discussion

1. Have you ever experienced religious legalism? What did it look like?
2. Do you think you might have ever been legalistic? Why?
3. In general, what makes people legalistic?
4. What does it mean to be free in Christ?
5. What does a church that is free in Christ look like?
6. How can a church communicate Jesus' love for lost people in a way that maintains moral values but that doesn't appear judgmental?

Take time to pray for each other.